

# COVID-19 General Checklist for Communications Infrastructure Employers

July 2, 2020

This checklist is intended to help communications infrastructure employers implement their plan to prevent the spread of COVID-19 in the workplace and is supplemental to the [Guidance for Communications Infrastructure Employers](#). This checklist is a summary and contains shorthand for some parts of the guidance; familiarize yourself with the guidance before using this checklist.



## Contents of Written Workplace Specific Plan

- The person(s) responsible for implementing the plan.
- A risk assessment and the measures that will be taken to prevent spread of the virus.
- Use of face coverings, in accordance with the [CDPH guidance](#).
- Training and communication with employees and employee representatives on the plan.
- A process to check for compliance and to document and correct deficiencies.
- A process to investigate COVID-cases, alert the local health department, and identify and isolate close workplace contacts and infected workers.
- Update the plan as necessary to prevent further cases.
- Protocols for when the workplace has an outbreak in accordance with [CDPH guidance](#).
- Incorporate COVID-19 preparation into emergency response plans; have worksite-specific emergency plans to operate safely during emergencies.



## Topics for Worker Training

- Information on [COVID-19](#), preventing spread, and who is especially vulnerable.
- Self-screening at home, including temperature and/or symptom checks using [CDC guidelines](#).
- The importance of not coming to work if workers have symptoms of COVID-19 as described by the CDC, such as a cough, fever, difficulty breathing, chills, muscle pain, headache, sore throat, recent loss of taste or smell, congestion or runny nose, nausea or vomiting, or diarrhea, or if they or someone they had contact with has been diagnosed with COVID-19.
- To return to work after a COVID-19 diagnosis only after 10 days since symptom onset and 72 hours of no fever.
- When to seek medical attention.

- The importance of hand washing.
- The importance of physical distancing, both at work and off work time.
- Proper use of cloth face covers, including information in the [CDPH guidance](#).
- Information on leave benefits, including the [Families First Coronavirus Response Act](#) and workers' compensation benefits under the Governor's [Executive Order N-62-20](#) while that Order is in effect.
- Train any independent contractors, temporary, or contract workers in these policies and ensure they have necessary PPE.



## Individual Control Measures & Screening

- Symptom screenings and/or temperature checks.
- Encourage workers who are sick or exhibiting symptoms of COVID-19 to stay home.
- Encourage frequent handwashing and use of hand sanitizer.
- Provide and ensure workers use PPE, such as eye protection and gloves.
- Provide disposable gloves to workers as a supplement to frequent hand washing for tasks such as handling commonly touched items or conducting symptom screening.
- Restrict non-employees entering facilities and conduct temperature and/or symptom screening.
- Equip crews and field technicians with supplies and required protective equipment.



## Cleaning and Disinfecting Protocols

- Perform thorough cleaning in high traffic areas.
- Frequently disinfect commonly used surfaces.
- Clean and sanitize shared equipment between each use.
- Clean touchable surfaces between shifts or between users, whichever is more frequent.
- Avoid sharing phones, office supplies, other work tools, or handheld mobile communications equipment wherever possible.
- Ensure that sanitary facilities stay operational and stocked at all times.
- Install hands-free devices, if possible, such as motion sensor sinks and soap dispensers.
- Provide sanitary supplies including hand sanitizer and make sure it is readily available to employees.
- Provide personal hand sanitizer to field staff.
- Use products approved for use against COVID-19 on the [Environmental Protection Agency \(EPA\)-approved](#) list and train workers on chemical hazards, product instructions, ventilation requirements, and Cal/OSHA requirements. Follow CDPH [asthma-safer cleaning methods](#).
- Sanitize reusable personal protective equipment at the end of each shift.

- Ensure all water systems are safe to use to minimize risk of Legionnaires' disease.
- Provide time for workers to implement cleaning practices during their shifts. If cleaning is assigned to the worker, they must be compensated for that time.
- Clean floors using a vacuum with HEPA filter or other methods that do not disperse pathogens into the air.
- Consider upgrades to improve air filtration and ventilation.
- Modify offerings in any on-site cafeterias or dining rooms, including using prepackaged foods, and non-touch options for drink, condiment, and flatware dispensing.



## Physical Distancing Guidelines

- Implement measures to physically separate workers by at least six feet using measures such as physical partitions or visual cues (e.g., floor markings, colored tape, or signs to indicate to where workers should stand).
- Develop a process workflow with questions and talking points for workers to use at the customer's door to identify suspected COVID-19 concerns.
- Allow field staff to call a "safety stop" when they are reluctant to enter a dwelling.
- Contact customers before visits to confirm appointments and check if there are infected people on premises, check again when workers are at the door.
- Use remote diagnostics and self-install/repair strategies wherever possible.
- Adjust meetings to ensure physical distancing.
- Utilize work practices, when feasible, to limit the number of workers on site at one time.
- Stagger worker breaks, in compliance with wage and hour regulations, to maintain physical distancing protocols.
- Reconfigure, restrict or close breakrooms and create alternative space for breaks where physical distancing is possible.
- Provide separate, designated entrances and exits.
- Reassign lockers or limit or stagger locker use to increase distance between workers.
- Use remote work arrangements when feasible.
- Take extra precautions for field workers operating in a restricted area or containment zone.

# Additional Considerations for Telecommunications

- Conduct daily safety briefings.
- For work performed at healthcare facilities or other higher risk locations, arrange cleaning and physical distancing in advance.
- Segregate crews on shift work schedules.
- Use a dedicated entrance door that opens automatically.
- Outside visitors should not be allowed in control centers.
- Consider which personnel can perform their jobs in spaces adjacent to an existing control room.
- Consider control room functions that can be performed remotely.
- Control center support staff (e.g., engineering, transmission scheduling, compliance, etc.) should be allowed to work remotely to the extent permissible.
- Where control center personnel are not in the same room, maintain open communication between workers.
- Workstations should allow for at least six feet of space between employees.
- Conduct temperature and/or symptom screening for contractors.
- Develop contingency plans to house operators onsite, including bedding, hygiene facilities, entertainment, and food accommodations.

