

# COVID-19 General Checklist for Delivery Services Employers

July 2, 2020

This checklist is intended to help delivery services employers implement their plan to prevent the spread of COVID-19 in the workplace and is supplemental to the [Guidance for Delivery Services Employers](#). This checklist is a summary and contains shorthand for some parts of the guidance; familiarize yourself with the guidance before using this checklist.



## Contents of Written Workplace Specific Plan

- The person(s) responsible for implementing the plan.
- A risk assessment and the measures that will be taken to prevent spread of the virus.
- Use of face coverings, in accordance with the [CDPH guidance](#).
- Training and communication with workers and worker representatives on the plan.
- A process to check for compliance and to document and correct deficiencies.
- A process to investigate COVID-cases, alert the local health department, and identify and isolate close workplace contacts and infected workers.
- Protocols for when the workplace has an outbreak, in accordance with [CDPH guidance](#).
- Update the plan as necessary to prevent further cases.



## Topics for Worker Training

- Information on [COVID-19](#), preventing spread, and who is especially vulnerable.
- Self-screening at home using [CDC guidelines](#).
- The importance of not coming to work if workers have a cough, fever, difficulty breathing, chills, muscle pain, headache, sore throat, recent loss of taste or smell, congestion or runny nose, nausea or vomiting, or diarrhea, or if they or someone they had contact with has been diagnosed with COVID-19.
- To return to work after a COVID-19 diagnosis only after 10 days since symptom onset and 72 hours of no fever.
- When to seek medical attention.
- The importance of hand washing.
- The importance of physical distancing, both at work and off work time.
- Proper use of cloth face covers, including information in the [CDPH guidance](#).

- Information on leave benefits, including the [Families First Coronavirus Response Act](#) and workers' compensation benefits under the Governor's [Executive Order N-62-20](#) while that Order is in effect.
- Train any independent contractors, temporary, or contract workers in these policies and ensure they have necessary PPE.



## Individual Control Measures & Screening

- Symptom screenings and/or temperature checks.
- Encourage workers who are sick or exhibiting symptoms to stay home.
- Frequent handwashing and use of hand sanitizer.
- Provide and ensure workers use all necessary PPE.
- Provide disposable gloves to workers as a supplement to frequent hand washing for tasks such as handling commonly touched items or conducting symptom screening.



## Cleaning and Disinfecting Protocols

- Perform thorough cleaning in high traffic areas.
- Frequently disinfect commonly used surfaces.
- Clean and sanitize shared equipment between each use.
- Clean vehicles and work areas between delivery routes.
- Ensure all water systems and features are safe to use after a prolonged facility shutdown.
- Use products approved for use against COVID-19 on the [Environmental Protection Agency \(EPA\)-approved](#) list and train workers on chemical hazards, product instructions, ventilation requirements, and Cal/OSHA requirements. Follow CDPH [asthma-safer cleaning methods](#).
- Provide workers with an adequate supply of materials required to clean and disinfect frequently touched surfaces of the delivery vehicle (particularly if it is shared).
- Provide time for workers to implement cleaning practices. Cleaning time should be paid time.
- Clean floors using a vacuum with HEPA filter or other methods that do not disperse pathogens into the air.
- Use protective barriers such as disposable mats and seat covers in shared vehicles.
- Inspect deliveries and take all necessary disinfection measures when receiving goods in warehouses and facilities.
- Wipe down and disinfect equipment, pens, clipboards, and electronic signature pads used by others while performing a delivery.
- Limit contact with frequently touched surfaces during deliveries, such as doorbells or door handles.
- Communicate to workers where they can access restrooms and hand washing facilities, provide hand sanitizer, and provide time for frequent hand washing.



- Provide delivery drivers alternative restroom locations on their routes in case normally accessible ones are closed, and allow time for them to use them.

## Physical Distancing Guidelines

- Implement measures to physically separate workers by at least six feet using measures such as physical partitions or visual cues (e.g., floor markings, colored tape, or signs to indicate to where workers should stand).
- Implement “contactless” deliveries wherever possible.
- Update package delivery processes so that workers and customers can maintain physical distance of at least six feet from others.
- Avoid sharing scanners, pens, or other tools with customers.
- Offer curbside delivery or pickup and move transaction receipts and agreements to remote/digital platforms as feasible.
- Consider suspending non-critical pre-shift, in-person meetings or convert them to virtual meetings or calls.
- Reconfigure, restrict, or close breakrooms to maintain physical distancing and move breaks to open areas.
- Provide messaging via handheld devices and mobile phones to remind workers to maintain physical distance during delivery stops and practice good hygiene.

